## **NEWS BRIEFS**

#### **MTI Recruiting Meeting**

Wolf Pack members now have the opportunity to mold civilians into Airman as an Air Force military training instructor. The MTI recruiting team holds a briefing at noon Wednesday at the HAWC classroom at the Wolf Pack Fitness Center to answer any questions concerning this special duty assignment. Senior airmen with at least 36 months time in service through master sergeants with less than 17 years are eligible to apply for this special duty. To obtain a copy of the AETC special duty application contact the 8th Fighter Wing Career Advisor, Tech. Sgt. Jackie Pryor at 782-4493.

#### **Hot Volunteer Opportunities**

The Kunsan Education Board is looking for volunteers to teach English each Saturday through July 30 to third to 12th grade Korean students. For more information, call Ms. Rosemary Song at 782-5194.

#### **Home Visitation Program**

The Korean Red Cross Home Visitation Program offers an all-expenses paid chance to spend an evening with a local family. People leave Saturday for Jeon-Ju and return Sunday evening. Available June 11 and 18. For more information, call Ms. Rosemary Song at 782-5194.

#### **New Bus Route**

A bus is now available to Kunsan City each Friday and Saturday. It leaves the CAC at 7 and 8 p.m. and returns to the base at 11 p.m. and midnight. Prices are \$3 one way or \$5 roundtrip.

#### **New Refill Process**

Wolf Pack members may now call in refills to 782-7146. Refills called in Monday through Thursday will be ready for pick up the the following day and those called in Friday through Sunday will be ready the following duty day. Members must have the prescription number and the last four digits of the sponsor's social security number to use the system.

#### **Outage Scheduled**

A base-wide power outage is scheduled for Saturday from 8 a.m. to 1 p.m.

#### **Bike Roundup**

The 8th Security Forces Squadron is now conducting a bicycle roundup of all unregistered and unsecured bikes on base. Secure and register bikes or they will be removed.



Photo by Staff Sgt. Alan Port

#### *HEADBANGERS' BALL*

Kevin DuBrow, front man for Quiet Riot, right, joins with bassist Chuck Wright as they belt out one of the group's classic tunes during a concert Tuesday evening at the Loring Club. Heavy metal monsters Quiet Riot and Skid Row wrapped up a six-day swing through U.S. military bases across the Republic of Korea as they stopped at Kunsan to perform in front of hundreds of fans. The metal mayhem continues on Page 5.

In this week's issue ...



Pilots share knowledge during shadow program

See Page 3



The Wolf Pack gives a warm welcome to the new command chief

See Page 4



Health Fair shows Wolf Pack fitness center programs

See Page 8

# Wolf Weather Saturday Sunday

Hi/Low

Sunday Monday

Hi/Low

72/52
Partly Cloudy
Tuesday
Hi/Low
72/52

Partly Clooudy

71/54
Sunny
Wednesday
Hi/Low
72/52
Partly Cloudy

Hi/Low 71/52 Partly Cloudy Thursday Hi/Low

Hi/Low 71/56 Partly Cloudy

## **PERSPECTIVE**

## **PACAF Airmen must still support AEFs**

By Gen. Paul Hester Pacific Air Forces commander

s I highlighted to Air Force senior leader ship at the recent blue summit, the air expeditionary force remains a strong, well-proven structure for organizing and presenting forces for the ongoing global war on terrorism and other national security requirements.

However, some of our Airmen still believe they are not and should not be in the AEF, and we must change this mindset. Commanders must ensure Airmen understand we are expeditionary by nature. Our policy is to posture all funded military manpower authorizations in UTCs and ensure all uniformed

Airmen, regardless of assignment, are trained, ready for mobility, informed on how they are postured and are prepared to deploy during their assigned deployment window.

It's a commander's duty to ensure your Airmen are well trained, ready to rapidly deploy and, if necessary, fill requirements in earlier AEF windows.

Many Airmen, not necessarily just those deployed, perform wartime and critical support missions every day. Additionally, some forces provide critical reachback support from home station to forward-deployed warfighters.

These in-place and reachback wartime missions, for the most part, must continue uninter-

rupted. Consequently, we will appropriately code those UTCs as performing essential in-place wartime duties, but the people must be trained and ready for expeditionary operations. Although the coding will annotate such newly postured positions are doing their wartime mission in place, it will not preclude us from deploying selected Airmen from these positions to support warfighter requirements when needed for AEF operations.

When our nation is at war, we must all support the warfighter.

I expect you to ensure your personnel and equipment are ready to deploy and coded green in the AEF reporting tool.

If they are not green, you need to be diligently

working with your major commands or Air Force headquarters to fix issues that cannot be resolved at your level.

Additionally, you and your Airmen must understand that once they are tasked by the AEF center, they will deploy.

Your success will be determined by the preparedness of your unit and how well you provide your UTCs to the warfighter.

Our AEF construct remains a sound, highly effective tool for providing forces. While we have been effectively supporting the warfighter, we must continue to refine the construct based on lessons learned and inputs from the field. Your direct involvement is critical in supporting the warfighter mindset.

# S S KOREA

#### LISTEN

Wolf Pack Radio
88.5 FM
WEEKDAYS — 5 TO
9 A.M., AND 3 TO
6 P.M.
REQUEST SONGS
AT 782-4373 OR
WWWAFNKOREA.COM

#### LISTEN

To your leadership EACH FRIDAY FROM 8 TO 9 A.M., ON 88.5 FM

Have an interesting story, special hobby or unique job? Tell the Wolf Pack Warrior all about it.
Submit story ideas to
WolfPack@kunsan.af.mil or call Public Affairs at 782-4705

### Airman weighs career options near end of enlistment

By Airman 1st Class Juanika Glover 8th Fighter Wing Public Affairs

t seems like it was only yester day that I arrived at basic training, wondering what I had gotten myself into. Three years go by fast. It was already time to talk to the career assistance advisor. It's his duty to tell Airmen approaching their last year of enlistment to make a tough choice: retrain, apply for a career job reservation or look at options outside of the Air Force.

I was a bit frantic. I knew the decision I had to make would affect a large portion of my future.

So the more homesick and lonely I began to feel, the more excuses I found not to remain in the Air Force. I began to question everything. Anything that upset me became a reason for me to get out. Each time someone said something I did not want to hear, I reminded myself all I had left was a year. Everything from my distaste for military acronyms to the sound of reveille became a reason to put the Air Force behind me.

Then one day after reading a letter my little brother wrote me, I realized I had only been focusing on the negative things.

In his letter, he asked me what Korea was like and if I still enjoyed being in the Air Force. He wanted to hear about all the things I had been doing during my time here. Then he mentioned, as he often does, how disappointed he was that his asthma would keep him from ever becoming a servicemember.

I felt so bad and guilty because the thing I wanted to throw away was the same thing he viewed as a treasure and great opportunity.

#### Career planning tools

The following information will provide Airmen with the basic knowledge for careers outside and inside the Air Force.

- Enlisted commissioning: <a href="http://www.afoats.af.mil/AFROTC/EnlistedCommissioning/Default.htm">http://www.afoats.af.mil/AFROTC/EnlistedCommissioning/Default.htm</a>.
- Civil service jobs: www.usajobs.com. (This site also helps with resume writing)
- Retraining list: <a href="http://www.af-pc.randolph.af.mil/enlskills/Retraining/ftal.htm">http://www.af-pc.randolph.af.mil/enlskills/Retraining/ftal.htm</a>.

#### Useful numbers

- Career assistance: 782-9404
- Career job reservation: 782-5652
- Reenlistments: 782-5283Retraining: 782-5056

Since reading that letter, I've reevaluated my thinking. Instead of focusing on the negative things, I reviewed all the pros and cons. I decided the choice I made would be based on what would be best for my future and not what made me angry.

I researched all my options carefully. I found out there were more than 45 Air Force specialties on the 2005 retraining list. I spoke with Air National Guard and Air Force Reserve recruiters about fulltime and part time non-active duty positions. I discovered there were more than four different ways I could earn a commission as an officer. I even found out there were many avenues for joining the civil service. Most importantly, I learned even if I wasn't quite ready to reenlist or ready to get out, I could

extend my time up to 24 months.

There are so many options out there that no Airman should be afraid of force shaping or the whole CJR thing. However, before making any decisions, Airmen must ask themselves several important questions. Will the job I want to crosstrain into benefit me as a civilian? If I don't stay in, do I have enough money to survive in case I don't get a job right away. How will my decision affect my spouse? Do I have enough time on station to retrain? Do I enjoy what I do enough to want to continue doing it for the rest of my Air Force career? If I choose to get out, do I have enough knowledge about applying for civilian jobs? What are my options for coming back in if I get out and don't

The list of questions can run in the hundreds, but they should probably remain simple and cater to every first term Airman's basic needs.

Most importantly, Airmen should not make decisions because of the influence of another person or the need to please someone else. It's also important not to make a decision based on single incidents that may have upset us. You should not get out just because you may not like your current supervisor or commander. Remember, cloudy days are guaranteed to show up from time to time, but the sun is sure to shine again.

At the end of our enlistment, we will have no one to blame but ourselves for the choices we've made. Every Airman should end their Air Force career with no regrets. Whatever decision you make, be sure it's the right choice for you.

## ACTION LINE 782-2004

action.line@kunsan.af.mil



Col. William W. Uhle Jr. Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action Line.

AAFES Customer Service	782-4426
Area Defense Council	782-4848
Base Exchange	782-4520
Chapel	782-4300
CES Customer Service	782-5318
Commissary manager	782-4144
Civ. Personnel Office	782-4570
Education Office	782-5148
Dining Hall	782-5160
Fitness Center	782-4026
Golf Course	782-5435
Housing Office	782-4088
Inspector General	782-4850
IDEA Office	782-4020
Law Enforcement Desk	
Legal Assistance	
Military Equal Opportunity	
Military Pay	782-5574
Military Personnel Flight	782-5276
Medical Patient Advocate	782-4014
Network Control Center	782-2666
OSI	782-4522
Public Affairs	782-4705
Telephone Repair	119

Vol. 20, No. 16 May 20, 2005



'Defend the base, accept follow-on forces, take the fight North'

 This special edition of the Wolf Pack Warrior is a funded Air Force newspaper and an authorized publication for members of the U.S. military services overseas. Contents of the Wolf Pack Warrior are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared and provided by the 8th Fighter Wing Public Affairs Office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

SUBMISSION POLICY: Deadline for submissions to the Wolf Pack Warrior is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards, local style and available publication space. Submissions should be e-mailed to WolfPack@ kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also

HOW TO REACH US: People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA, PSC 2, Box 2090, APO AP 96264-2090. We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568

# **General Moseley nominated for CSAF**

By Master Sgt. Mitch Gettle
Air Force Print News

**WASHINGTON** — The president announced May 16 his nomination of Gen. T. Michael Moseley as chief of staff of the Air Force to succeed Gen. John P. Jumper who has served in the position since September 2001.

"I am deeply honored and humbled to have been nominated to serve as the next Air Force chief of staff," said General Moseley, Air Force vice chief of staff. "This is a challenging as well as an exciting time for our service and, if confirmed by the United States Senate, I look forward to this next opportunity to continue to serve the Air Force, the 'joint team' and our great nation.

"General John Jumper has set the highest standards for our service as we've conducted operations with our joint and coalition partners in the (war on terrorism) and other contingency situations around the world," "I know he will build on the extraordinary accomplishments of General Jumper."

—Mr. Michael Dominguez Acting secretary of the Air Force

he said. "I'm committed to maintaining those same standards as we meet future challenges with the remarkably talented Airmen and civilians on our total force team."

General Moseley entered the Air Force in 1971 and has commanded a fighter weapons instructor course, an operations group, a wing and a numbered air force. He also commanded the U.S. Central Command Air Forces and served as the Combined Forces Air Component Commander for operations Southern Watch, Enduring Freedom and Iraqi Freedom.

"I'm pleased that President Bush

has nominated General Moseley to be the next Air Force chief of staff," said Michael L. Dominguez, acting secretary of the Air Force. "As his nomination

is considered by the Senate, I'm completely confident that he'll lead our Airmen with the same vision and passion he's shown as a superb vice chief of staff. General Moseley is immensely talented, and his leadership will help guide America's Airmen as part of the joint warfighting team.

"I know he will build on the extraordinary accomplishments of General Jumper, who has magnificently led the Air Force for the past four years," Mr. Dominguez added.

Some of General Moseley's previous Pentagon assignments include serving as director of legislative liaison for the secretary of the Air Force; deputy director for politico-military affairs for Asia/Pacific and Middle East, the Joint Chiefs of Staff; and chief of the Air Force general officer matters office.

General Moseley is a command pilot with more than 2,800 flying hours, principally in fighter aircraft. He has received numerous awards for his military service including the Defense Distinguished Service Medal, the Distinguished Service Medal, Defense Superior Service Medal with oak leaf cluster and the Legion of Merit with oak leaf cluster.

General Moseley earned his undergraduate and masters degrees in political science from Texas A&M University. He completed Squadron Officer School, Air Command and Staff College, and National War College

General Moseley's nomination has been sent to the Senate for confirmation

# Air Force, ROKAF pilots share tactical knowledge

#### 'Shadow' program provides opportunity to learn how other air forces conduts flying missions

By Capt. Kristin Haley 8th Fighter Wing Public Affairs

F-16 viper pilots from the Republic of Korea Air Force's 19th Training Fighter Wing in Jung-Won, arrived to Kunsan's 35th Fighter Squadron Tuesday to participate in the yearly Buddy Wing Exchange.

The purpose of their visit was to shadow Wolf Pack pilots and share knowledge of their career fields.

According to Capt. Chad "Stich" Holesko, 35th FS chief of scheduling, this program is an opportunity to improve tactical integration with the ROKAF. "We actually get an opportunity to sit

down and have tactical discussions," he said. Next year, pilots from Kunsan will have the opportunity to fly out of the 19th TFW base and learn how the ROKAF pilots operate flying different missions.

"We try and accommodate the ROKAF training objectives. For example, their unit will be getting night vision goggles soon, so we've incorporated some NVG academics into the training they will receive."

In addition to the NVG academics, pilots from both units flew together Wednesday after the ROKAF pilots received a local orientation brief, which taught them

how to operate in and out of Kunsan, XATK academics, a mission which focuses on targeting long range artillery pieces and tactical intercepts or TI, another type of mission where the pilots practice intercepting an aircraft and maneuvering their elements into a position of advantage.

According to Maj. Scott "Magilla" Gierat, 35th FS Director of Operations, "This program is valuable because of the face-to-face interaction. It provides the possibility for combined training as well as the opportunity to learn the differences of how the two air forces employ and operate."



Photo by Senior Airman Katrina Shellman

Capt. Chad Holesko, 35th Fighter Squadron Pilot discusss Kunsan's flying air space with Republic of Korean air force pilots Tuesday. The ROKAF pilots spent the day shadowing the 35th Fs pilot's procedures and work ethics. The pilots were also able to discuss tactical procedures and they learn how the 35th FS employs some and operates.

## PRIDE OF THE PACK

Unit: 8th Communications SquadronDuties: Telephone systems technician

Hometown: Reno, Nevada

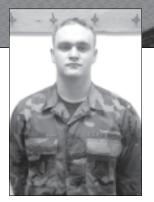
Follow-on: Spangdahlem Air Base, Germany

**Hobbies:** Swiming and skateboarding

Favorite music: Ska Last good movie: Sin City

Best thing you've done here: Hooch renovations

Airman 1st Class Luke Long



"Airman 1st Class Luke Long is an outstanding Airman who has tackled some critical communications jobs for the Wolf Pack. He stepped up and volunteered to work as a base operator while the position was being advertised within the civilian personnel office. Due to delays in the hiring and selection process, he worked at this position for two months, assisting more than 500 Wolf Pack troops contacting their loved ones around the world.

Additionally, Airman Long established an easy-to-use force protection hot-line, 782-EYES. This service allowed expeditious reporting of suspicious activity to security forces personnel, enhancing force protection condition measures. Finally, his excellent technical skills were evident when he restored critical command and control capabilities to the wing operations center after contractors had inadvertently cut communications cabling. He worked diligently through the night with WOC personnel to figure out the problem and ultimately made repairs of 100 pairs of communications wiring. His relentless technical skills and overall care of his fellow teammates ensured morale, welfare, and command and control capabilities for the successful mission accomplishment of Kunsan Air

- Maj. John Anderson III

8th Communications Squadron commander

#### Need a taxi?

Call 782-4318

Have suggestions or concerns regarding the taxi service?

Call Ms. Yvonne Crouch, at 782-4415 1 MAY 20, 2005 WOLF PACK WARRIOR NEWS

# 80th FS 'Headhunters' host Hollandia

#### Two-week exercise commemorates unit's most successful World War II campaign

By 1st Lt. Glen Goossen 80th Fighter Squadron

The 80th Fighter Squadron hosted a two-week exercise to commemorate one of the squadron's most successful campaigns during World War II.

This exercise held a special significance, as 'Headhunters' who helped write some of their history returned to participate in the celebration.

The Hollandia exercise focuses on air-to-air combat. To celebrate their history the 80th FS extended an invitation to other fighter units to fly against them in their F-16Cs for basic fighter maneuvers and air combat tactics, also known as 'dog fighting' missions.

This year, the VMFA-122

Marine unit from Iwakunki Air Base, Japan, brought in their F-18C Hornets to participate in the exercise. Pilots from the 80th FS and VMFA-122 were able to train to fight dissimilar aircraft in performance to their own.

The exercise provided an opportunity for pilots to learn about other services as well. Because modern operations often find units from different branches fighting alongside each other, flying with the Marines allowed both units to see and understand how they could fight together more effectively.

"Hollandia is a great opportunity to understand how different types of aircraft fight," said Lt. Col. Steven Clapp, 80th FS commander. "It's extremely valuable training, because in the

event of war, our pilots will be up against aircraft that have different performance characteristics than our own. Due to the logistics involved, we don't get to train against dissimilar assets very often, so this was a rare opportunity to see how we would fight against something other than F-16s."

The history of Hollandia goes back a long time for the 80th FS. Before the war Hollandia was just another small town on the North coast of Papua, New Guinea. But the area had a strategic significance in the South Pacific, because it contained three airfields and two harbors from which the Japanese were able to stage operations against U.S. forces during World War II. In March and April of 1944,

General Douglas MacArthur launched a major assault against Hollandia, code named 'Operation Reckless', and finally capturing the port city on April 23 of that year.

The 80th FS flew out of Nadzab, New Guinea in support of this operation, and were tasked with escorting bombers, flying offensive counter-air sweep missions and strafing the airfields. The 80th FS's mission during the assault was to gain and maintain air superiority over Hollandia and provide cover for an amphibious assault

March 30, 31 and April 3 and 12 are knows as the 'Four days of Hollandia' and they have been considered by many people to be the squadron's finest hour in

aerial combat for a number of reasons. During the four days, the Headhunters downed 33 enemy aircraft without any losses.

On the April 12, 1944, the 80th FS became the first U.S. fighter squadron to attain more than 200 kills. The squadron ended the war with a total of 225 victories, the highest in the Pacific, and a record for twin engine fighter squadrons.

Although the exercise ended today, some of its highlights included a visit by several retired pilots. Some of those pilots fought during Word War II and the Korean War while others are former members of the squadron. However, all of the distinguished visitors helped make the 80th FS's illustrious history what it is today.

# Rumsfeld, Myers state their case to BRAC commission

By Jim Garamone American Forces Press Service

**WASHINGTON** — As the military confronts the "new demands of the war against extremism and other evolving challenges in the world," the Defense Department's recommendations for base realignments and closures are necessary, Defense Secretary Donald H. Rumsfeld told the commission considering DOD's proposals Monday.

Secretary Rumsfeld and Chairman of the Joint Chiefs of Staff Gen. Richard B. Myers testified before the Base Realignment and Closure Commission on Monday.

Both men stressed the joint approach taken in forming this year's BRAC recommendations.

The emphasis on joint warfighting "improves our efficiency and improves our warfighting capability," General Myers said.

"The recommendations will help the reserve components modernize, improve their mobilization processes and transform for the 21st century security environment," General Myers said.

Finally, the recommendations take into account the changed security environment that stresses the department's homeland defense mission and force-protection concerns, the chairman said.

Secretary Rumsfeld said the jointness implicit in the recommendations makes it extremely difficult to pull just one base or installation out of a proposal.

"The department recognizes that operating jointly reduces overhead costs, improves efficiency and facilitates cooperative training and research." he said.

"The BRAC commission considered (about) 1,000 different scenarios or approaches, and devoted (about) 4,000 man-hours while their staffs devoted tens of thousands of hours more," he said.

When the recommendations came to him for approval, the secretary said he approved them intact.

"Ultimately, the war-fighter and the American taxpayer benefits from the BRAC process."

#### —Mr. Donald Rumsfeld

Secretary of Defense

Those recommendations would close 33 major bases and realign 29 others out of about 318 major bases in the United States.

The secretary explained that the number of closures and realignments is smaller than many people expected.

He said this is in part because of the consideration of military surge capability, an increase in active-duty end-strengths and the DoD plan to bring about 70,000 service-members back from overseas bases.

Since the recommendations became public, many people have asked why the department is closing bases in a time of war.

"The answer is because the changes are essential in helping us win in this conflict," Secretary Rumsfeld said.

The secretary said the changes, if adopted by the commission, the president and ultimately, the Congress, will help relieve stress on the military, will allow forces to work more jointly, better protect the forces and help to properly equip U.S. troops.

"We must do all that we can to identify and remove all the excess that exists to be better able to address those pressing needs to help the warfighter," Secretary Rumsfeld said

Ultimately, the warfighter and the American taxpayer benefit from the BRAC process, the secretary said.

#### WARM WELCOME



Photo by Staff Sgt. Alan P

Chaplain (Lt. Col.) Dennis Hutson, 8th Fighter Wing chaplain greets Chief Master Sgt. Kevin Ludwig, 8th FW new command chief master sergeant. Chief Ludwig, who arrived here Monday previously served in the same position at Vandenberg, Air Force Base, Calif.

## BRAC commission seeking inputs

By Maj. Dave Honchul Air Combat Command Public Affairs

LANGLEY AIR FORCE BASE, Va. — Air Force officials said the secretary of defense's Base Realignment and Closure commission recommendations are not final

"The president's BRAC commission will review the list for conformity with the Defense Department's force structure plan and published selection criteria," said Gerald 'Fred' Pease Jr., deputy assistant secretary of the Air Force for basing and infrastructure analysis. "The commission will report its findings and conclusions to the president by September."

Local communities will still be able to address their concerns to the BRAC commission at one of several planned regional meetings, he said. Kunsan Airmen whose hometown or follow-on base is scheduled to close can contact the BRAC commission at (703) 699-2950 from 8 a.m. to 6 p.m. EDT

Monday through Friday for information on these meetings.

Additionally, Airmen can provide inputs to the commission by writing to BRAC commission, 2521 South Clark Street, Suite 600, Arlington, Va., 22202.

This list of recommended Air Force closures included five active-duty and seven reserve component installations.

They are:

- Air Force Research Laboratory Mesa, Ariz.
  - Brooks City-Base, Texas.
  - Cannon Air Force Base, N.M.
- Ellsworth AFB, S.D.
- ◆ General Mitchell Air Reserve Station, Wis.
- Kulis Air Guard Station, Alaska.
  - Mansfield-Lahm AGS, Ohio.
  - Niagara ARS, N.Y.
- Onizuka Air Force Station, Calif.Otis Air National Guard Base,
- Otis Air National Guard Bas Mass.
- Pittsburgh ARS, Pa.
- W.K. Kellogg AGS, Mich.



Photos by Staff Sgt. Alan Port

Kevin DuBrow, front man for Quiet Riot, energizes the crowd that packed the Loring Club for Tuesday evening's heavy metal show. Quiet Riot, who earned notoriety as the first heavy metal band to top the pop music charts, returned to Kunsan for the first time since 2002 along with other '80s metal giant Skid Row.

# Wolf Pack rocks at Quiet Riot, Skild Row concert

By Master Sgt. Brian Orban 8th Fighter Wing Public Affairs Office

Metal mayhem returned to Kunsan as heavy metal giants Quiet Riot and Skid Row rocked a packed house at the Loring Club during their final concert on the Korean peninsula Tuesday evening.

Over the past six days, Quiet Riot and Skid Row toured Army and Air Force installations to bring their style of "organic, in your face, almost on the verge of violence" style of hard rock, according to Quiet Riot front man Kevin DuBrow.

"It is like throwing raw meat to animals, and I mean that in the best possible way. We go out on stage, and people go absolutely nuts," according to the man who founded Quiet Riot in 1975.

In an era stylized with zebra pants, leather, big hair and even bigger chart-topping hits, Quiet Riot broke out of the Los Angles music scene in 1983 with its multi-platinum album "Metal Health." The band's chart-topping anthem "Cum on Feel the Noize" earned notoriety as the

quartet became the first heavy metal band to top the pop charts.

Making its presence known toward the end of the 80s metal scene, Skid Row is noted as one of the last mainstream metal bands to claim the spotlight before the grunge movement stole the stage in the early 90s. Skid Row reached notoriety with hard-hitting hits like "18 and Life" and its rock anthem "I Remember You."

According to Skid Row's new front man Johnny Solinger, the goal of the sixday sweep to places like

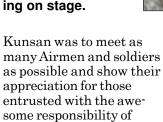


Johnny Solinger, Skid Row's new lead singer, flashes the 35th Fighter Squadron's "push it up" hand sign as he prepares to take a spin in one of the base's flight simulators as NAME OF PILOT prepares to point out the features of the F-16 Fighting Falcon. During their stay at Kunsan, members of Quiet Riot and Skid Row received a first-hand look at F-16 operations at the Wolf Pack.



Frankie Banali pounds the skins during one of his solo performances during Quiet Riot's opening performance. Tues-day's performance wrapped up a six-day concert series at military installations across the Republic of Korea.

Kevin DuBrow fuels the crowd's enthusiasm as he belts out one of Quiet Riot's chart-topping hits. According to the 49-year-old rocker, performing for fans at places like Kunsan allows him to continue his life-long passion of performing on stage.



serving on the peninsula.

"We owe all of you guys a [lot of] thanks because we're here to support you, the troops," he added. "It's to say hello and show you what you're fighting for back home."

Before the concerts, members from both bands had a chance to "ride" in the base's F-16 flight simulators while meeting with pilots, maintenance troops and support people from the 35th Fighter Squadron and others from the 8th Fighter Wing here.

"From the bottom all the

way to the top, they've been most gracious. It's been awesome," Mr. Solinger

said.

For people like Mr. DuBrow, coming to Kunsan and playing for fans young and old gives him the opportunity to do the one thing he loves to do—return to the stage and perform for those who protect the United States.

"I've got to hand it to all of you, you rock my world. You are my heroes," he said.

"Some people play music because it's what they do. In the case of me, it's what I am," he added. "I'm one of the few people who get to do what they love to do for a living. And I still get to do it after all these years, and it's a blessing."

#### TODAY

Pre-Separation Brief — The family support center offers a pre-separation briefing each Friday for members about to separate or retire from 9 to 10 a.m. in Building 755, Room 215. To register, call 782-5644.

Personal Financial Management Program **Brief** — The family support center offers a PFMP briefing for senior airmen and below attending newcomers' orientation from 3 to 4 p.m. in Building 755, Room 215. For more information, call 782-5644.

**Free Food Night** — The Loring Club offers super social hour featuring a taco bar from 6 to 9 p.m. for club members.

#### SATURDAY

Dart Tourney — The Falcon Community Center offers a 301 dart tournament beginning at 7 p.m.

Country Night— The Loring Club offers a country night in the ballroom.

Wood Safety- The Wood Hobby Shop offers a wood safety class at 1 p.m.

Walking Tour — The Falcon Community Centerter offers a tour of Lake Chungju and Kosu Caver.

9-Pin No Tap Bowling — The Yellow Sea Bowling Center offers 9-pin no tap bowling beginning at 6 p.m. Entry fee is \$17.

**Dominos Tourney** — The Falcon Community Center offers a dominos tournament beginning at 3:30 p.m.

Bingo — The Loring Club offers bingo beginning at 2 p.m. with a \$1,000 give away.

Sunday Brunch— The Loring Club offers Sunday brunch from 10:30 a.m. to 1 p.m. Cost is \$11.95 for club members.

Pro Ball — The Falcon Community Center offers a trip to a p baseball game in Kwangju City

#### MONDAY

**Nifty Fifty** — The Yellow Sea Bowling Center offers 50-cent bowling and shoe rental.

Pizza And Beer — The Loring Club offers \$1 longnecks and 50-cent slices from 6 to 8 p.m.

**Triple Feature** — The Falcon Community Center offers triple feature movie madness beginning at 7 p.m.

#### TUESDAY

\$2 Pitchers — The Loring Club offers \$2 pitchers and Kun Burgers from 6 to 8 p.m.

Ladies Night — The Yellow Sea Bowling Center offers free bowling for ladies beginning at 6:30 p.m. Smooth Move And Home Buying — The fam-

ily support center offers the workshop from 1 to 4 p.m. in Building 755, Room 215. PCS questions will be answered and homebuying tips are covered by a U.S. licensed real estate broker. Call 782-5644 to register.

Dart Tourney — The Falcon Community Center offers a 301 dart tournament at 7 p.m.

#### WEDNESDAY

**Free Food Night** — The Loring Club offers super social hour featuring sloppy joes from 6 to 9 p.m. for club members.

Cheap Bowling — The Yellow Sea Bowling Center offers 75-cent bowling all day.

Karaoke — The community center offers karaoke from 8 p.m. to midnight.

Italian Day — The Yellow Sea Bowling Center offers meatball subs for \$5.50 or spaghetti for \$5.25 all day.

**Return and Reunion** — The family support center offers a return and reunion briefing for those about to leave Kunsan at 3 p.m. in the HAWC classroom at the Wolf Pack Fitness Center. For more information, call the family support center at 782-5644.

#### THURSDAY

**Poll Tourney** — The Falcon Community Center offers am eight-ball pool tournament beginning at 7 p.m.

Dance Contest — The Loring Club offers an R&B "Drop it Like It's Hot" dance contest.

**Tuna day** — The Yellow Sea Bowling Center offers tuna sandwiches for \$4 and doubles for \$4.95 all day.

**Orphanage visit** — The family support center offers a trip to help at a local orphanage. Transportation is free. Call 782-5644 to register.

Buck bowling — The Yellow Sea Bowling Center offers \$1 bowling all day.

#### UP 'N' COMING

**DMZ Tour** — The family support center offers a DMZ orientation tour from 6:40 a.m. to 8 p.m. May 27. Includes free round trip bus transportation and English-speaking tour guide service. Military members must wear any combination of their blue uniform. People should bring Korean currency for incidentals. For details, call 782-5644 or 782-3771.

Fear Factor — The Falcon Community Center offer a Kunsan Fear Factor competition beginning May 28. For more information, call 782-4679.

**Walking Tour** — The family support center offers a Gunsan City walking tour from 9 a.m. to 4:30 p.m. May 28. Includes tour of downtown Gunsan, Buddhist temple, Wolmyeong Park and more. Bring 20,000 Won for local bus transportation, lunch and incidentals. To register, call 782-5644 or 782-3771.

Yellow Sea Bowling Center — Nine-pin tournament, May 28, and 40-frame game tournament, May 29.

To submit events for 7-Days, send an e-mail to 8 FW/PA WolfPack@kun-san.af.mil. Submissions must include time, date, place, and phone number.

"THE AMITYVILLE HORROR"

Rating: R

Staring: Jimmy Bennett and Ryan Reynolds Synopsis: The Lutz family only lasted 28 days in their new home after they were terrorized by a demonic force that drove them

**Show times:** 7 and 9:30 p.m. today and Saturday

"ROBOTS"

Rating: PG

Staring: Voices of Ewan McGregor, Halle

Berry and Robin Williams

Synopsis: Rodney Copperbottom ia robot who wants to convince his brethren to come together and work toward making the world a better place. He falls for a female executive robot, faces opposition from an evil corporation and finds some unlikely allies in the form of a ragtag group of misfit robots.

Show times: 6 and 8:30 p.m. Sunday and 8 p.m. Tuesday

"HOSTAGE"

Rating: R

Staring: Bruce Willis, Kevin Pollak

**Synopsis:** When a convenience store robbery goes wrong, the three perpetrators move in on an unsuspecting family. But the family's father has a secret which might compromise his kin, and one of the criminals is about to jump over the edge.

Show times: 8 p.m. Wednesday and Thurs-

#### **CHAPEL SERVICES**

Catholic services

Daily Mass — 11:30 a.m. Monday through Thursday

Weekend Mass — 9 a.m. Sundays

Reconciliation — Monday through Friday by appointment, 4:30 p.m. Saturday, 8 a.m. Sunday R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

**Protestant services** 

General Protestant worship – 11 a.m. Sunday Contemporary praise and worship – 6 p.m. Sunday

Gospel service – 1 p.m. Sunday

Inspirational praise and worship service – 7:30 p.m. Friday

**Latter-Day Saint services** 

Weekly service — 3:30 p.m. Sunday

Sonlight Inn

The Sonlight Inn is open from 6 to 10 p.m. Sunday through Thursday, 6 p.m. to midnight Friday and 6:30 a.m. to midnight Saturday. The chapel hosts several Sunday school and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

#### FREE CLASSIFIEDS

#### Job Opening:

The base chapel has a part-time job opening for an accounting technician starting June 15. Closeout date is June 1. For more information, call Tech. Sgt. Leland Tharpe at 782-4300.

Volunteer Opportunities Korean Orphanage:

Wolf Pack members interested in volunteering should call 782-5644.

American Red Cross:

Call 782-4601 for more information.

#### **WOLF PACK WHEELS SCHEDULE**

Osan Air Base shuttle

Monday to Thursday – Leaves Kunsan at 7:30 a.m. and 1 p.m. Leaves Osan at noon and 6 p.m. Friday - Leaves Kunsan at 7:30 a.m. and 3 and 6 p.m. Leaves Osan at noon and 10 p.m.

Saturday - Leaves Kunsan at 7:30 and 10 a.m. Leaves Osan at noon and 4 p.m.

Sunday - Leaves Kunsan at 7:30 a.m. and noon. Leaves Osan at noon and 5 p.m.

One-way tickets are \$12.50 for general Wolf Pack members or \$11.50 for Airman morale program members. Round trip tickets are \$25 or \$23 for Airman morale program members.

E-Mart shuttle -- Available Saturday and Sunday – Leaves Kunsan at 10 a.m., noon and 2, 4 and 6 p.m. and leaves the E-Mart at 11 a.m. and 1, 3, 5 and 6:30 p.m. Round trip tickets are \$3.

**Incheon International Airport shuttle** 

Monday and Tuesday and Thursday to Saturday – Leaves Kunsan at 4 a.m. and 6 p.m., and leaves Incheon at 9 a.m. and 11 p.m. from Gate 11 at the Airport. One-way tickets are \$27.50 or \$25 for Airman morale program members.

# Skin needs more protection during summer

By Maj. Belinda Haines Health and Wellness Center

Ah, spring has sprung and brought with it those glorious rays of sunlight. But be vigilant, each time you're out there in the elements and you're trying to get the darkest tan by slowly baking and basking yourself in the warmth of ultraviolet light, you increase your risk of having the most common cancer of all...skin cancer. Each year more than one million new cases are diagnosed in the U.S.

If you are white with fair skin with blond, red or light-brown hair, have a family history of skin cancers, notice you have a large number of moles, had severe sunburn as a child or are regularly exposed without proper protection then you have an increased risk for skin cancer. Early detection is the key to getting early treatment, while prevention will help you to avoid ever getting this disease in the first place.

So, how does one protect the largest organ of the body? Minimize sun exposure or by using the shadow rule. If your shadow is smaller than

you, get out of the sun. If it's larger than you, you're probably okay. Avoid sunlamps, tanning beds and parlors. The sales people at these facilities are interested in your money, not your health and will try to sell you on all the benefits of exposure, vitamin production, golden glow, etc. Apply broad-spectrum sun protection factor 15 or greater which protects you from both ultra violet A and B rays. However, use an SPF 23 for children and fair-skin. Wear protective clothing, such as hats and a long sleeved shirt, protect your eyes with sunglasses and apply lip balms that contain sunscreen. Take five minutes each month to perform a self-examination.

To help you heighten your awareness of changes, draw a simple body chart (sorry, no stick figures) and plot skin irregularities on it. This will help you keep track of any new growths or allow you to see where old growths were to see if they've changed at all. Do not forget you have a front side and a backside. Start with your scalp and work your way down to the soles of your feet. A hand held mirror may be necessary to see



Summer is around the corner and Airmen should remember to protect their skin from dangerous ultra violet rays. Applying broad-spectrum sun protection factor 15 or greater protects from both UV A and B rays.

those hard-to-see areas. Note unusual colors, sizes, or shapes and take the record with you when you have your yearly checkup. If however, you notice suspicious spots, do

not wait until your yearly exam. Get it checked out by your doctor promptly.

So what's suspicious looking? Squamous cells skin cancer usually develops on the face, ears lips or mouth and begins as a red scaly patch. Left untreated it can spread to other parts of the body and can be fatal. Another form that can be deadly is melanoma. It's the most dangerous form and usually appears as a dark brown or black patch with irregular borders. Sometimes it is multicolored with shades of red, blue or white. No, it's not the flag, nor should you expect to see those colors on your skin unless you've had a tattoo. This form of cancer can also spread throughout the body. The last skin cancer is basal cell carcinoma. It usually presents as a small, shiny, fleshy nodule on the exposed parts of the body. This kind grows slowly and rarely spread. However, it can severely damage skin around and below it. With early detection and treatment, it has a high cure rate.

Remember, you can still enjoy the sun. Just take some simple precautions while you're out there.

### Skin protection tips

Proper sun protection is required to keep skin safe from overexposure and skin damage. Try the following tips to ensure proper sun protection is being met.

- Apply sun screen carefully and generously. Re-apply after swimming
- Re-applying sun screen after swimming does not extend the protection time of your skin. However, it is necessary to apply sun screen after swimming.
- The sun light is strongest between 11 a.m. and 3 p.m., so avoid these times.
- Apply sun protection even when you are in the shade. 40 percent of UV radiation will still be getting through.
- Do not stay in the sun too long on the first sunny days. Accustom your skin to the sun gradually. In the beginning of summer, use high sun protection factors designed for your skin type.
- Snow and water intensify sun radiation, apply adequate higher protection.
- Is your holiday destination is near the equator? Note that you do need higher sun protection because of more intense UV radiation. Your natural protection will be lower. This applies as well for mountaineering. The higher you climb and hike, the stronger sun protection you need.
- Eyes have to be protected with sun glasses with UV filter. Especially when reading. White paper reflects 80 percent of the sun's radiation.
- Pay particular attention to children. Sun protection should include sun block, hat and T-shirt. Never expose babies below six months of age to direct sunlight.

## SPORTS

# SHORT

All events, games or classes will be held at the base fitness center, unless otherwise stated.

#### Training

#### **Rock Climbing**

Instructors needed. Call 782-4026 to volunteer.

#### Aerobics

#### **Spin Class**

- ◆Monday through Thursday at 5:30 a.m.,
- Monday through Thursday at 6 p.m. Sunday at 4 p.m.

#### Step Class

- ◆Monday and Wednesday at 5:30 a.m.
- ◆Tuesday and Thursday at 5:30 p.m.

#### **Cardio Circuit**

Monday at 5:30 p.m.

#### **Pilates**

◆Wednesday and Friday at 5:30 p.m.

◆Saturday at 10 a.m.

#### Martial Arts

#### Hapkido

◆Monday through Friday at 8 a.m. and

#### Tang Soo Do

- ◆Monday through Friday at 6:30 and 11 a.m., and 7 p.m.
- ◆Saturday at noon

#### Tae Kwon Do

 Monday through Friday at 11 a.m. and 8 p.m.

#### Kung Fu

◆Monday through Thursday at 8 p.m.

Information provided by 8th Services Squadron

## 'Chongo' Murff Memorial Golf Tourney

June 4 beginning at noon. The cost is \$25 for officers and \$20 for enlisted. The service includes 18 holes, a T-shirt and a barbecue following the tournament E-mail 4-ship to michael.young1@kunsan.af.mil or call Lt. Young at 782-4703.

### **Retirement Golf Tourney**

Shot gun starts May 27 at 7:30 at the Westward Winds Golf Course... The format will be a four-person Scramble The cost is \$20 per person.

Price includes green fees and lunch. Sign up as a team or individually.

# Health fair teaches Wolf Pack benefits of everyday fittness



LEFT: The health fair included a taekwando demonstration.



Photos by Senior Airman Joshua Garcia Kunsan members take part in 30-minute "SPIN" classes and other aerobic activities to promote fitness, health and wellbeing.

LEFT: Senior Airman Henry Lopez, 8th Services Squadron, helps a Wolf Pack member take advantage of the "BOD-POD," a machine which uses air pressure to measure body fat. The machine is available at the HAWC.

RIGHT: Kunsan runners discuss benefits of finding a quality shoe for running. Shoes offer different levels of support for runner's different needs.

